

INSTRUCTION BOOKLET

Emily Apron

A SEWING PATTERN FROM JOANNA BLÜM STUDIO

🤠 Joanna Blüm Studio





SEWING PATTERN TERMS AND CONDITIONS



Your pattern is ready. Thanks for downloading!

Before you get started, here are a few important T&Cs



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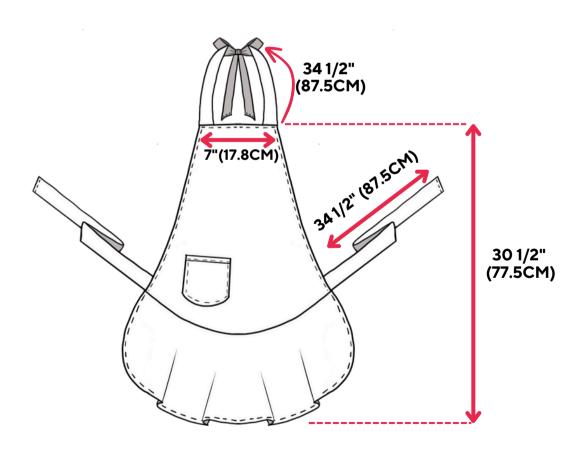
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Size Information

This pattern is designed to accommodate various body types (**US XS-2XL**). Please note that personal fit may vary. **Adjusting strap sizes** is recommended for custom adjustments to enhance comfort if the standard size does not fit you.



Finished Garment Measurements



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Let's get started!

What do I need?

- Your Choice of Fabric
- Sewing Machine
- (Optional) Serger
- Sewing Supplies (Pins, Clips, Pattern Weights, Chalks, Fabric Marking Pen, etc)
- Iron board, iron





Printing Instructions

This pattern file is available in one size only. Please ensure '**DO NOT SCALE**' when printing. You can print on either US Letter or A4 paper.



Fabric Recommendation

Cotton Voile: This lightweight and breathable fabric has a soft, slightly crisp feel. It drapes beautifully and is comfortable to wear.

Linen: Linen fabric has a natural texture and excellent breathability, making it perfect for spring/summer tops.

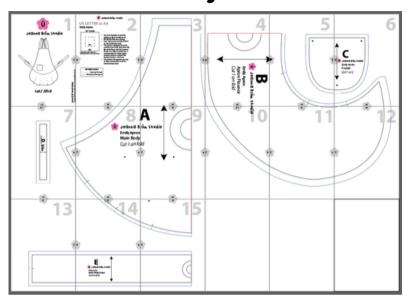
Cotton Lawn: A lightweight and smooth fabric, cotton lawn is soft and has a slightly crisp feel. It drapes well and is perfect for detailed designs like flounces.

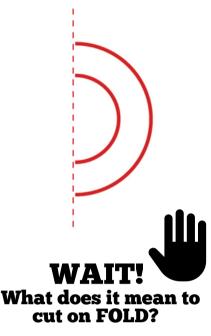
Chambray: Similar to denim but lighter in weight, chambray is breathable and soft. It offers a casual, stylish look while being easy to work with for flounce details.

Poplin: This lightweight, smooth fabric has a fine, closely woven texture. It's breathable and holds its shape well.

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Pattern Inventory





A. Main Body: Cut 1 On Fold

B. Apron Flounce: Cut 1 on Fold

C. Pocket: Cut 1 or 2

D. Pocket Binding: Cut 1 or 2

E. Neck & Waist Straps

• Neck Straps: Cut 2 On Fold

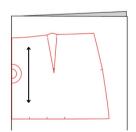
• Waist Straps: Cut 2 On Fold

When a pattern piece or fabric is cut on fold, it means that you fold the fabric in half and place the pattern piece on the fold line.

This allows you to cut out a symmetrical piece without having to cut two separate pieces and then sew them together

Fabric Consumption

You will need about **1.5-1.7** yards. This calculation is based on fabric width ranges from 48 to 60 inches (120 to 150 cm). Wider fabric can accommodate a little more, but there won't be a significant difference. If you're a beginner and not used to tightly laying out pattern pieces, I highly suggest you get about **2-2.5** yards for this project.





Glossary



Seam Allowance: Seam allowance refers to the space between the seam and the cut edge of the fabric. It provides room for stitching and helps reinforce the seam for durability.

Open Seam: An open seam is one where the seam allowances on each side of the seam have been pressed open, with the wrong side of the fabric facing the wrong side. This technique creates a flat, neat finish and is commonly used in garments and sewing projects.

Right Side of the Fabric: The right side of the fabric refers to the side that is intended to be visible on the outside of the garment.

Wrong Side of the Fabric: The wrong side is the interior-facing side that remains hidden on the inside of the finished piece.

Notches: Small, strategically placed markings or cuts on fabric pieces that serve as reference points to align and match corresponding pieces accurately during assembly.

Finish: To finish a seam means to neaten the raw edge to prevent fraying. This can be done in several ways:

- 1. **Overlock (Serging)**: This method trims the seam allowance while simultaneously encasing it in thread, creating a neat and secure edge.
- 2. **Zigzag Stitching**: Zigzag stitching involves sewing along the edge of the fabric with a zigzag pattern, which helps bind the raw edge and prevent fraying.
- 3. **Pinking Shears**: These are scissors with a serrated edge that cuts the fabric in a zigzag pattern. Pinking shears are commonly used for lightweight fabrics and create a finished edge that reduces fraying.

Staystitch: A row of stitching just inside the seam line on a single layer of fabric to prevent the fabric from stretching or distorting during construction. It is typically used on curves and bias edges.

Back Stitch: A sewing technique where stitches are made backward before sewing forward, creating a reinforced seam.

Pressing: The process of using an iron to smooth and flatten fabric, seams, or finished garments to achieve a crisp and professional appearance.

Under Stitching: Stitching the seam allowance to the facing, to prevent the facing from rolling towards the right side of the garment.

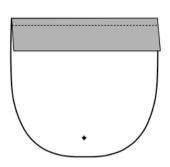
Zipper Foot: A sewing machine attachment specifically designed for installing zippers neatly and accurately.



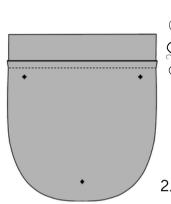


Right Side Wrong Side

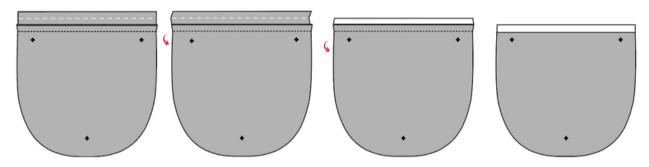
Step 1. Pocket (Attaching the Binding)



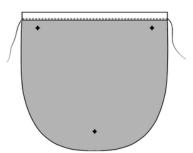
1. Place the pocket binding (**D**) on top of the pocket piece (**C**) with the right sides together. Sew along the top edge of the binding and pocket with a 3/8" or 1cm seam allowance.



2. Press the seam allowance towards the wrong side of the binding piece.

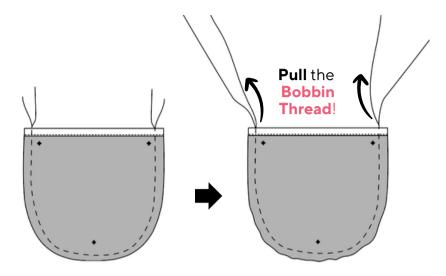


3. Fold the binding piece in half so that the raw edges meet, then fold it again over the seam allowance to just cover the stitch line on the pocket.

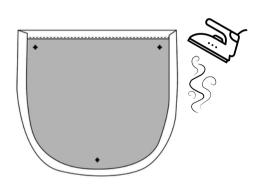


4. **Topstitch** close to the edge of the folded binding piece to secure it in place.

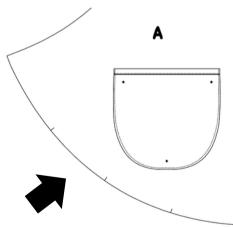
Step 2. Pocket (Attaching the Pocket)



- 1. Mark the seam allowance on your pocket and, using the longest stitch on your machine, ease stitch along the curve, just inside the seam allowance.
- 2. Gently pull the threads to slightly gather the fabric along the curve. **Be** careful not to pull too much, as you don't want to create gathers. Adjust the gathers as needed to achieve a smooth, natural curve in the pocket.



3. Press the seam allowance under, following the curve of the pocket to create a smooth, even edge.



4. Place the pocket on the (A) apron body piece, aligning the drill hole. You can choose to attach the pocket to the right side (as shown in the example), to the left side, or to both sides.

Topstitch close to the edge of the pocket to secure it in place..



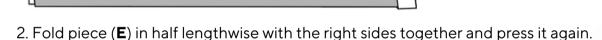


Step 3. Prepare Straps



1. On the wrong side of piece (\mathbf{E}), fold one edge in by 3/8" or 1cm and press it.

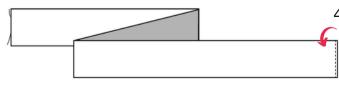






Sew along the lengthwise edge with a 3/8" or 1cm seam allowance.

3. Turn the strap right side out using a spaghetti turner or a similar tool. Press the strap flat to create a neat finish.



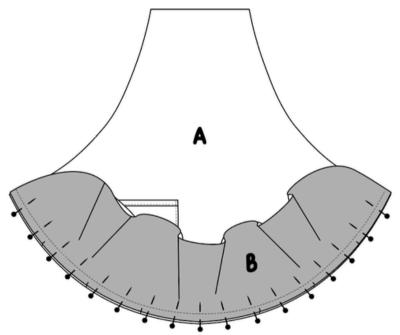
4. **Topstitch** along the folded edge to close it.

The other raw edge will be attached to the Apron Body Piece (**A**) in the next step, so no need to worry about it.

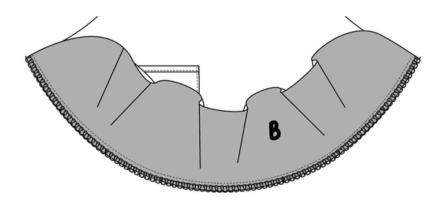
Repeat these steps for all 4 pieces (2 pieces for neck straps and 2 pieces for waist straps).

Step 4. Attach Apron Body with the Flounce

Note: If you don't have a serger, you can either **zigzag** the edge before attaching pieces A and B or use a **French seam** method. The instructions below are for those using a serger.

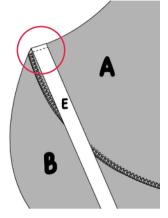


1. With right sides together, pin the Apron Body (**A**) to the Apron Flounce (**B**), matching the notches. Sew with a **3/8**" or **1cm** seam allowance.



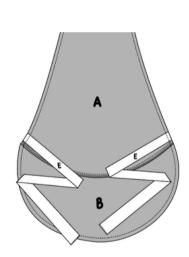
2. Serge the seam allowance to finish the edge, then press the seam **towards the flounce.**

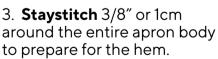


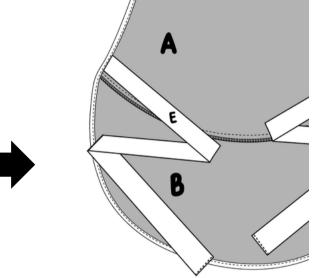


- 1. Place the waist strap (**E**) on the wrong side of the apron, aligning the raw edge of the strap with the raw edge of the seam where pieces **A** and **B** meet. The long side of the strap should be facing inward.
- 2. **Staystitch** the waist strap in place with a 3/8" or 1cm seam allowance to secure it.

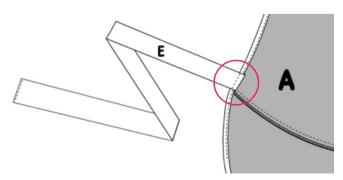
Repeat steps 1 and 2 for the other side.





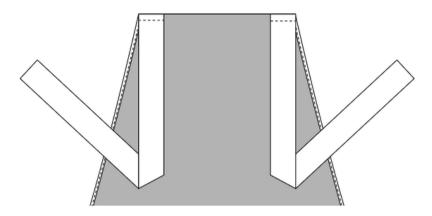


4. **Double fold** the edge for a **hem finish**: fold the edge in by 3/8" or 1cm and press, then fold it again by another 3/8" or 1cm and press firmly. Stitch along the edge with a 3/8" or 1cm seam allowance.



5. Fold the waist straps **outward** and tack it in place to secure it.





- 1. Place the neck strap (\mathbf{E}) on the wrong side of the apron, aligning the raw edge of the strap with the raw edge of the top edge of piece \mathbf{A} (the neckline). The long side of the strap should be facing downward inside the apron.
- 2. **Staystitch** the waist strap in place with a 3/8" or 1cm seam allowance to secure it.

Repeat steps 1 and 2 for the other side.



3. **Double fold** the top edge for a **hem finish**: fold the edge in by 3/8" or 1cm and press, then fold it again by another 3/8" or 1cm and press firmly. Stitch along the edge with a 3/8" or 1cm seam allowance.

4. Fold the neck straps outward and tack it in place to secure it.

Feedback Survey



Thank you for your valuable feedback! Your input will help us improve. As a token of our appreciation, you have the chance to win a **\$25 gift card.** We truly appreciate your support.

Please email this form to: joannablumstudio@gmail.com

What is your proficiency le	vel in sewing?			
Beginner Interr	mediate Advanced			
How satisfied are you with	the digital pattern and sewing	g instructions prov	vided?	
Very Satisfied	Satisfied	Neutral		
Dissatisfied	Very dissatisfied	Other:		
Were the sewing instruction Yes Some	ns clear and easy to follow? what No			
Did you encounter any diffi	culties understanding the ins	tructions?		
Yes	No			
Were the pattern pieces ac	ccurate and properly labeled?)		
Yes	No			
Any problems preparing (p	orinting/cutting/taping) patter	rn pieces?		
Yes	No			
Did the pattern provide ac	curate sizing information?			
Yes	No			
How did the final garment	fit compared to your expecta	tions?		
Exactly as expected	Slightly larger	Slightly sma	aller	
Much larger	Much smaller	Other:		_
If you answered negatively questions above, we kindly further details or explanati	ask you to provide			
Would you recommend th to others?	is digital pattern and instructi	ons Yes	O No	Maybe
Did this pattern exceed yo	ur expectations?	O Yes	O No	Maybe
Would you consider purch future?	asing patterns from us in the	Yes	○ No	Maybe
Additional Feedbacks:				
				P